THE PERFECT BLEND OF COFFEE, GOOD FOOD & FRIENDS!

FRIENDS

CAFÉ

Menu

BREAKING THE FAST

Yoghurt bowl
Choose between peaches or fresh mixed berry served with greek yoghurt, homemade granola, chia and topped with cinnamon and honey - 6.50

The Frenchy
Delicious homemade French Toast topped with cinnamon, fresh seasonal berries drizzled with honey and topped with fresh cream - 9.00

Madame Ruth's Breakfast
Creamy spinach on 2 slices of sour dough, topped with 3 cheeses, roasted cherry tomatoes and a pan fried egg, drizzled with a basil pesto oil - 8.00

Chef's Touch of Eggs
Slices of avo on a swish of cream cheese mousse beside a bed of grilled zucchini noodles, sauteed mushrooms, roasted cherry tomatoes topped with feta and two fried eggs on 2 slices of ciabatta - 10.00

Briony's Breaky
Smoked salmon, cream cheese cucumber strips, avo topped with feta and sesame seeds on ciabatta slices - 12.00

3 Cheese Croissant
Croissant filled with scrambled eggs and chives topped with a cheesy topping - 8.00

Min's Make your own, or add ons:

Macon – 2.50
Cherry tomatoes – 1.50
Sautee mushrooms – 3.00
Saute onions – 1.00
Beef sausage – 2.50
150g beef fillet strips - 6.00
Zucchini curls - 3.50
Toasted sour dough - 2.00
French Fries - 2.50
150g Chicken strips - 4.50
60g Smoked salmon - 6.00
Avo - 1.50

Ciabatta it Up

Garlic Mushroom
Toasted sour dough topped with sautéed mushrooms in a garlic butter and fresh herbs topped with parmesan cheese and a fried egg, drizzled with a basil olive oil – 9.00

Caprese Avo
Open toasted sour dough with avo slices, cherry tomatoes tossed in a basil oil topped with grated parmesan cheese and feta, finished off with a reduced balsmic - 7.00

Anton the Cubano
Open toasted sour dough with sliced smoked chicken, pickled cucumber topped with cheese and a honey mustard alioli - 10.50

Ultimate Steak
Open sour dough with greens, sliced tender and marinated fillet steak topped with sautéed mushrooms, cheese and a garlic alioli - 13.50

GIMME THE GREEN BACK

Granny's Summer Abundance
Micro greens, avo, seasonal berries, cherry tomatoes, corn, greens, pickled peppers topped with feta, cucumber ribbons, roasted seeds drizzled with a honey pesto vinaigrette - 8.00

Add ons
Macon - 2.50
60g Smoked salmon - 6.00
150g Beef fillet strips - 6 .00
150g Smoked chicken strips - 4.50

Kerry's Warm Budha Bowl
Quinoa, roasted cauliflower, spicy butternut, topped with pan fried baby marrow, honey nuts, fresh herbs and feta - 9.50

DEMOLITION OF TASTE

Served with French Fries
or farm side salad

Dale's 'Joey' Burger
200g grilled chicken burger marinated in lemon and herb, on a bun topped with feta, pickled cucumber, basil and yoghurt pesto sauce - 11.50

Joanie's Veggie burger (no bun)
Crispy on the outside, succulent on the inside, veggie patty and everything nice topped with avo slices, honey mustard alioli and crispy zucchini curls - 8.50
Add a bun 1.00

Mace's Burger
150g beef burger patty, on a bun topped with cheese, macon, pickled cucumber garlic alioli and crispy zucchini - 12.50

HEARTY TUCK-INS

Grilled Chicken Margherita
Marinated grilled chicken breast topped with melted cheese, cherry tomatoes tossed in basil pesto served with a chef's micro green salad, crunchy with toasted seeds and drizzled with a lemon honey dressing - 10.00

Taiyas' Tomato Pasta
Tagliatelle pasta tossed in roasted garlic basil pesto, fresh spinach, fresh cherry tomatoes topped with grated parmesan cheese - 9.50

Fafi's Pasta
Tagliatelle pasta tossed in a Napolitano sauce, roasted cherry tomatoes topped with grated cheese - 9.00

Mo's Tomato Soup
Roasted cherry tomato soup topped with a touch of cream and basil pesto served with toasted ciabatta topped with melted cheese - 6.50

Little Friends' Menu

Scrambled Eggy

Scrambled eggs, macon and cherry tomatoes served with a slice of ciabatta
- 5.00

Eggy bread

Bread egged up, pan fried and sprinkled with icing sugar

- 4.00

Cheesy

Toasted cheese and tomato served with chips - 5.00

Chicken Licken

Toasted chicken and mayo served with chips - 6.00

Mac & Cheese

Toasted macon and cheese served with chips - 6.00

PLEASE NOTE, WE ARE HALAAL FRIENDLY!

All our menu items are dependant upon availability

Steamy Hot

Cappuccino
Small - 2.00 / Large - 3.00

Red Cappuccino - 3.00
Small - 2.00 / Large - 3.00

Latte - 3.50

Americano - 1.00

Filter - 1.00

Hot Chocolate - 3.50

Teas - 2.00
(Served in a pot with milk)

BRODIE'S GOURMET SHAKES

Berry vanilla and cream

Chocolate oreo and cream

Caramel tennis biscuit and vanilla

Whipped white Coffee

Small - 3.50 / Large - 6.00

Frezzo's and Frappe's

Iced green tea and mint frezzo

Strawberry, fresh OJ and lemonade frezzo

Vanilla bean frappuccino

Creamy coffee frappucino

Iced berry frezzo

Green frezzo

5.00

SMOOTHIES

Tripple Berry Blast

Passion, banana and coconut

Blueberry, chia, banana and spinach

Green tea, apple, spinach and avo

5.00

Fresh Juices

VISION BOOSTER
Carrot, Orange and Apple

DETOXIFIER
Carrot, Apple, Beetroot, Lemon and Ginger

GREEN BOOSTER
Spinach, Celery, Apple, Cucumber and Ginger

RELAXER
Watermelon, Strawberry and Cucumber

FRESH ORANGE JUICE

4.00

SOMETHING ELSE

Fizzy - 2.00
Water - 1.00
Sparkling Water - 1.50
Iced Tea - 3.00

COFFEEOLOGY

Espresso Yourself
Stay Grounded
Better Latte Than Never

We have our very own blend of coffee!
If you like to try some at home, ask your waitor for a bag !